#### SCISSORS

- 1. Cutting playdough
  - Child sized scissors
  - Playdough
- 2. Cut paper with fancy scissors
  - Fancy scissors with various patterns
  - Assorted color paper
- 3. Cutting straws with scissors
  - Traditional child sized scissors
  - Plastic straws
- 4. Cutting paint swatches
  - Traditional child sized scissors
  - Paint swatches
- 5. Cutting on lines
  - Traditional scissors
  - Cutting sheets

## PLASTIC LINK ACTIVITIES (bilateral coordination, midline, strengthening, manipulation)

- 1. Linking clips together
  - Plastic links
- 2. Linking clips together to measure items in class or picture cards
  - Plastic links
  - Classroom items and/or picture cards
- 3. Use links to string together letters in name
  - Plastic links
  - Hole punched letters cards
- 4. Use links to string together numbers
  - Plastic links
  - Hole punched number cards
- 5. Use links to string together letters of alphabet
  - Plastic links
  - Hold punched letters of alphabet

# HOLE PUNCH ACTIVITES (strengthening, bilateral coordination, midline, pre-scissor)

- 1. Punching holes with hole punch
  - Hole punch tool
  - Strips of paper
- 2. Use hole punch to punch numbers indicated in number book
  - Hole punch
  - Hole punch number book
- 3. Use hole punch to punch out specified letters/letter sounds
  - Hole punch
  - Letter strips

#### DOUGH ACTIVITIES (bilateral coordination, strengthening, hand dominance, pre-letter formation, midline)

- 1. Use the dough to make letters
  - Play-doh or homemade dough
  - Laminated letter mats
- 2. Use dough to make the letters in my name
  - Play-doh
  - Laminated name cards

## NUTS and BOLTS ACTIVITY (strengthening, bilateral coordination, hand dominance, midline)

- 1. Sort and match nuts to bolts. Twist the matching sets
  - Various sized nuts/bolts

## POP BEAD ACTIVITIES (strengthening, bilateral coordination, midline, visual perceptual)

- 1. Connect the pop beads in a long string
  - Pop beads
- 2. Connect pop beads and measure objects around the room
  - Pop beads
  - Items from the room to measure or laminated measuring cards
- 3. Connect the beads to make a pattern
  - Pop beads
  - Self-correcting laminated pattern cards
  - Clothes pins (optional)

## PUSH PIN ACTIVITIES (strengthening, grasp, hand dominance, midline)

Instructions: Staple a white copy of the push pin sheet to the front of a colored piece of paper. Once student has completed "poking" remove top sheet and hold up the colored one to see the design.

- 1. Use push pins to follow lines on picture
  - Colored paper
  - Push pin picture sheets
  - Push pins
  - Eraser
- 2. Use push pins to follow the lines of the letters in your name
  - Colored paper
  - Push pin name sheets (Elise can assist with getting this if needed)
  - Push pins
  - Eraser
- 3. Use push pins to follow the lines of the letters on the letter sheet
  - Colored paper
  - Push pin letter sheets
  - Push pins
  - Eraser

#### **PUTTY ACTIVITIES**

1. Find the hidden items in the putty

- Putty
- Small objects to hide inside the putty
- 2. Find the items in putty and sort by shape
  - Putty
  - Small jewel shapes
  - Sorting dishes
  - Shape labels
  - Velcro or tape for attaching label
- 3. Find the items hidden in putty and sort by color
  - Putty
  - Small various colored items to hide
  - Sorting dishes
  - Colored labels
  - Velcro or tape for attaching label

## TONG/TWEEZE ACTIVITIES (strengthening, grasp, midline, bilateral coordination)

- Roll the dice and use tongs to move the frogs to the lily pad. If the frog falls in the transporting, it must be returned to the container. When all frogs are gone, students count up the frogs on their lily pads to see who has the most. (Other animals/objects can be used)
  - 1 dice
  - Small plastic frogs or other small manipulative object
  - 2 tongs
  - 2 lily pads or other landing spot
- 2. Use tongs to sort colored pompoms into labeled containers
  - Pompoms in various colors
  - Sorting dish
  - Color labels
- 3. Use tongs to move small items onto letter mats
  - Tongs for each student in group
  - Small objects
  - Name mats (Elise can assist in getting this if needed)

## MONSTER BALL (strengthening, bilateral coordination, midline, hand dominance)

- 1. Feed "monster ball". Start with same number of items ("food") in tray. Roll dice and feed monster the number of food pieces to monster and see who can be the first to feed all of their food to the monster.
  - Monster ball (see appendix on how to make Monster ball)
  - Dice
  - Small objects for feeding (pompoms, erasers, coins, plastic discs).

## MORE NAME ACTIVITIES (grasping, pre-writing, midline, hand dominance)

- 1. Use cotton swab to trace name
  - Name sheet
  - Cotton swabs
  - Washable paint
- 2. Use stickers to trace the letters of name

- Name sheet
- Small stickers