

## **Elementary and Middle School Support Resources**

1. Wide Open School- Wide Open School is a **free and open collection of the best online learning experiences and activities** for kids curated by the editors at Common Sense and organized by grade band and subject. Wide Open School **includes activities related to emotional well-being**:  
<https://wideopenschool.org/>
2. Woodford County Special Education (WCSEA)- These **resources** listed have been shared by WCSEA social workers to address E-Learning needs during school closure due to COVID-19. Most content is related to **social/emotional learning or healthy activities** for times of stress:  
<http://www.wcsea.us/covid--19-social-emotional-e-learning.html>
3. Second Step- This page contains a list of resources to help children **early childhood through 5th grade** learn the **social-emotional skills** they need to get through these challenging events. Free video lessons and content are included: <https://www.secondstep.org/covid19support>
4. Social Thinking- This page contains **free social/emotional supports** for elementary and middle school students to use during school closure:  
<https://www.socialthinking.com/free-stuff>
5. Yoga Learning Adventures- **Free kids' yoga classes, storytimes**, etc. during the COVID-19 school closure:  
<https://www.youtube.com/c/YogaLearningAdventures>